



Deaf & Hear Alberta

Seniors' Social Support

A free, volunteer-led program that supports seniors who are Deaf or hard of hearing.



ONE TO ONE OR GROUP MENTORING

- Peer mentoring program for Albertans dealing with challenges of hearing loss
- Develop meaningful connections to decrease social isolation
- Volunteers share lessons from their own journey.
- In-person or virtual

HARD OF HEARING MEET UPS

- Monthly social meetings for connections and learning



TECHNOLOGY

- Screened and trained volunteers coach and support seniors to use iPads, computers, and smart phones
- Helps alleviate fear of learning new skills
- Meet in homes, restaurants, libraries and parks, & seniors residences

Contact leslieb@deafandhearalberta.ca

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Canada